

Nina Anderson – Price List 2026

Technical sessions include sprint drills and a track session. These take place at Parliament Hill Athletics Track, NW3 2JP. A track fee is applicable.

Prices for young athletes

All fees are payable by BACS at the time of booking (Anderson Solutions Ltd, Account No. 80259873, Sort Code 82-19-74).

1 to 1 – £45.00

1 to 2 – £60.00 (i.e. each athlete pays £30.00)

1 to 3 – £75.00 (i.e. each athlete pays £25.00)

1 to 4 – £80.00 (i.e. each athlete pays £20.00)

Prices for adults

All fees are payable by BACS at the time of booking (Anderson Solutions Ltd, Account No. 80259873, Sort Code 82-19-74).

1 to 1 – £60.00

1 to 2 – £100.00 (i.e. each athlete pays £50.00)

1 to 3 – £135.00 (i.e. each athlete pays £45.00)

1 to 4 – £160.00 (i.e. each athlete pays £40.00)

Price for a full event-specific written weekly training programme

This includes all running sessions and all aspects of strength and conditioning, providing a fully periodised gym programme designed around individual goals, ability, requirements and available time.

£50.00 per week, payable in advance by standing order on the Friday prior to the week ahead. The training week runs from Monday to Sunday. This includes as much email and telephone contact as required.

CANCELLATION POLICY

If you wish to cancel a weekly programme, this must be done before Friday, when payment for the following week becomes due. Once the programme has been prepared, the full weekly fee will remain payable.

Track sessions cancelled with more than 24 hours' notice will not be charged. If payment has already been made, you may choose either a full refund or a credit towards another session. Track sessions cancelled within 24 hours of the session time will incur the full session fee.

Sessions will not be cancelled due to weather conditions unless snow prevents access to the track.

Nina 07775 943291

nina@ninaanderson.com